

# July Daily Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sights & Sounds 10:00AM- 10:30AM Movin' & Groovin' 2:00PM- 2:30PM	2 Little Learners Circle 10:00AM- 10:30AM Creative Discoveries 2:00PM- 2:30PM	3 Movin' & Groovin' 10:00AM- 10:30AM Mindful Minutes 2:00PM- 2:30PM	4 Sights & Sounds 2:00PM- 2:30PM	5 Creative Discoveries 10:00AM- 10:30AM Little Learners Circle 2:00PM- 2:30PM
6 Creative Discoveries 10:00AM- 10:30AM Movin' & Groovin' 2:00PM- 2:30PM	7	8 Mindful Minutes 10:00AM- 10:30AM Sights & Sounds 2:00PM- 2:30PM	9 Creative Discoveries 10:00AM- 10:30AM Garden Adventures 2:00PM- 2:30PM	10 Mindful Minutes 10:00AM- 10:30AM Young Innovators 2:00PM- 2:30PM	11 Movin' & Groovin' 10:00AM- 10:30AM Little Learners Circle 2:00PM- 2:30PM	12 Young Innovators 10:00AM- 10:30AM Mindful Minutes 11:00AM- 11:30AM Sights & Sounds 2:00PM- 2:30PM
13 Garden Adventures 10:00AM- 10:30AM Sights & Sounds 2:00PM- 2:30PM	14	15 Sights & Sounds 10:00AM- 10:30AM Mindful Minutes 2:00PM- 2:30PM	16 Little Learners Circle 10:00AM- 10:30AM Movin' & Groovin' 2:00PM- 2:30PM	17 Movin' & Groovin' 10:00AM- 10:30AM Mindful Minutes 2:00PM- 2:30PM	18 Young Innovators 10:00AM- 10:30AM Sights & Sounds 2:00PM- 2:30PM	19 Creative Discoveries 10:00AM- 10:30AM Garden Adventures 11:00AM- 11:30AM Movin' & Groovin' 2:00PM- 2:30PM
20 Little Learners Circle 10:00AM- 10:30AM Young Innovators 2:00PM- 2:30PM	21	22 Mindful Minutes 10:00AM- 10:30AM Creative Discoveries 2:00PM- 2:30PM	23 Movin' & Groovin' 10:00AM- 10:30AM Sights & Sounds 2:00PM- 2:30PM	24 Mindful Minutes 10:00AM- 10:30AM Young Innovators 2:00PM- 2:30PM	25 Movin' & Groovin' 10:00AM- 10:30AM Little Learners Circle 2:00PM- 2:30PM	26 Sights & Sounds 10:00AM- 10:30AM Garden Adventures 11:00AM- 11:30AM Young Innovators 2:00PM- 2:30PM
27 Movin' & Groovin' 10:00AM- 10:30AM Creative Discoveries 2:00PM- 2:30PM	28	29 Little Learners Circle 10:00AM- 10:30AM Mindful Minutes 2:00PM- 2:30PM	30 Young Innovators 10:00AM- 10:30AM Sights & Sounds 2:00PM- 2:30PM	31 Garden Adventures 10:00AM- 10:30AM Movin' & Groovin' 2:00PM- 2:30PM		

# Programs

## Ages 0–3

### Little Learners Circle

Join us to build a supportive community among caregivers while nurturing your little one's development in a fun and engaging environment. Designed for infants through age 3 and their caregivers, this program fosters social-emotional, motor, and communication skills through interactive play experiences.

- Physical Development/Motor Skills
- Social and Emotional Development
- Approaches to Play and Learning
- Communication and Language
- Cognitive Development (Science, Social Studies, Creative Development, Mathematics, Cognitive Processes)

### Sights and Sounds

This program offers young children the chance to engage in sensory-rich activities that stimulate early learning. Each session highlights a new focus, such as colors, numbers, shapes, and exciting themes like animals, transportation, and more. This program encourages exploration and discovery through vibrant, playful experiences that support cognitive and sensory development.

- Interactive Games
- Object Exploration
- Themed Storytelling
- Art Exploration
- Sensory Play

## Ages 0–5

### Movin' & Groovin'

This program invites children to get their wiggles and jiggles out while exploring music and movement. Each session is filled with energetic dance and rhythmic activities, helping kids stay active, express themselves, and have fun in a lively and supportive environment.

- Dance
- Musical Instrument/Sound Exploration
- Scavenger Hunt
- GCE Hidden Gems
- Game/Obstacle Course

## Ages 4–8

### Mindful Minutes

This experience offers children the opportunity to explore various calming and centering techniques and practices. Each wind-down session focuses on social-emotional awareness and learning, helping children develop mindfulness and inner peace in a supportive movement.

- Yoga and Movement
- Sensory Exploration
- Mindful Art
- Meditation and Visualization
- Nature Connection
- Storytelling and Reflection

## Ages 4–8

### Creative Discoveries

Join us for an exciting journey of exploration and learning through the vibrant culture and history of our city. This program invites children to engage in hands-on experiences, completing various projects and activities that spark creativity while deepening their knowledge and familiarity with the city of Atlanta.

- Art and Artists
- Architecture
- History and Culture
- Music and Dance

### Young Innovators

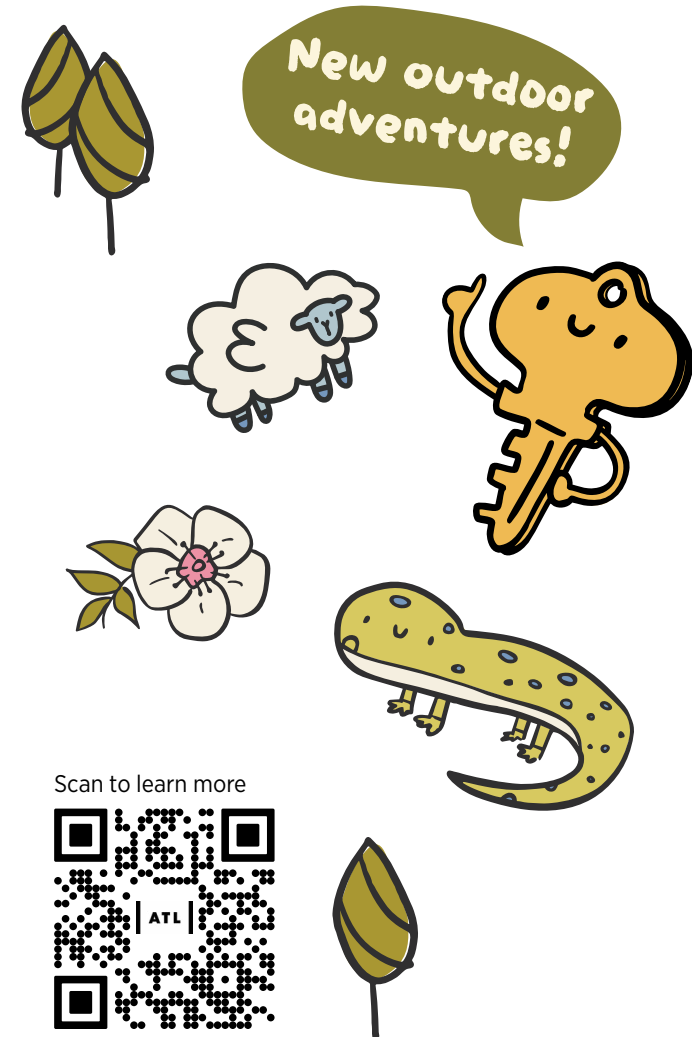
This program invites children to engage in various STEM activities, sparking their curiosity and creativity. Through hands-on projects and experiments, young learners will explore the exciting worlds of science, technology, engineering, and mathematics, fostering and problem-solving skills in a fun and interactive environment.

- Physical Innovation (science of movement)
- Arts (upcycling & recycling projects, use of unconventional materials, etc.)
- Literature
- Puzzles (problem solving challenges, escape room inspired challenges, etc.)

## Ages 5–8

### Garden Adventures

In the serene Goizueta Gardens, children will connect with nature through engaging, hands-on activities that spark curiosity and an appreciation for the outdoors.



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