

# **Schedule of Activities**

Special Note: We'll be taking a break during June and July, but please mark your calendar for our first Homeschool Day of 2025-26: Thursday, August 21. See you there!

#### More Than a Gym!

Olympics Hallway
Ongoing Craft

Did you know that more kids learn to swim at the YMCA than anywhere else? This is just one example of how recreation centers inspire young athletes. Explore how rec centers can be hubs for sports, communities, learning and more! Students will build their own custom rec center, while learning how important they are.

## **Skating through History**

Coke Cafe

10:00am, 10:35am, 11:10am, 11:45am

Duration: 25 minutes

Roll into the past at our skating station! Here we invite students to explore the history of both skateboarding and roller skating—from their origins to their evolution into competitive sports. Enjoy some roller disco music before getting a mini skateboard to take home!

## Jump In!

In fron<sup>T</sup> of Locomotive 10:05am, 10:40am, 11:15am, 11:50am Duration: 25 minutes

Jump into history with jump rope and Double Dutch. We'll explore how they're used for fun and fitness, as well as competition. Join us to learn about different jumping tricks, the origins of the sport, and its cultural significance. You can even try out a few tricks yourself and take home a jump rope of your own!

#### On the Green: Golf in Atlanta

Goldstein Gallery (lower level) 10:10am, 10:45am, 11:20am, 11:55am Duration: 25 minutes

Meet us on the "green" as we get ready to "tee-off" and play a game of mini golf! During our game we'll get to visit some very important golf courses in Atlanta and beyond, and meet some of the golfers who made history there!

### Take Five: Moving in Atlanta

Kennedy Theater

10:15am, 10:50am, 11:25am, 12:00pm

Duration: 25 minutes

Put some pep in your step and make your way to the stage where you'll explore different types of dance and competitions that have influenced Atlanta. From cheerleading to stepping, you'll learn how these traditions have impacted communities and even test your new skills on stage!

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